

Not Enough

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Artist Statement

The body seems to be the closest thing to the self, yet it is also the place most easily occupied by external gazes, language and standards.

This work comes from the negative comments I repeatedly heard while growing up: that I was not tall enough, not strong enough, not mature enough, or not calm enough. While these words produced insecurity, they also shaped a desire in me: I began to want to move closer to the masculine image expected by others. Yet this process became absurd and painful.

Using an exaggerated muscle suit as its central prop, this series explores how masculinity is shaped by advertising, social relationships and social expectations. The figure appears in everyday scenes such as shop windows, dining spaces, gyms, streets, bathrooms and wardrobes, attempting to perform a strong, stable, mature and socially recognised masculine image. However, this performance does not bring real confidence. Instead, the body appears more awkward, rigid and exposed to the standards of others.

The muscle suit points to an idealised male body, but when placed within daily life, its meaning becomes unstable. It becomes both a disguise and an absurd compensation for the anxiety of not being masculine enough. This anxiety extends beyond gender identity, asking how subjectivity is formed when the body is constantly defined, corrected and watched.











